

## Welcome to the LICYPAA campout!

These tips can make the difference between, having fun and “this sucks”

### **WHAT YOU’LL NEED!**

**Respect** for your neighbors. Especially the campers who aren't in LICYPAA, with kids and those who are trying to sleep. Privacy is in short supply, preserve what little we have. Don't go into other's campsites or tents uninvited. Never go into someone else's tent unless they ask you to. Your tent is your home. Don't take other people's stuff without permission.

If you take **prescription medication** don't forget to pack it!

A **tent** (3 seasons) and **ground cloth** (cheap plastic tarp is fine)

Try a test setup of your tent in your yard or in a park before the camping trip. Even experienced camper who arrive late can have a hard time setting up a tent in the dark.

### IT’S DARK

BRING A **FLASHLIGHT** AND EXTRA **BATTERIES**. You can buy them at the camp store but you're better off bringing your own. There are a lot of things to trip over in the dark in campgrounds.

Headlamps work great but be courteous. There's a tendency to look people in the face and blind them.

**Sleeping bag. Extra blanket** if you have a light sleeping bag. It shouldn't be too cold this time of year but we could have rain. It often gets chilly at night near the water.

### CLOTHES

This is not a clothing optional campground. Sorry.

Fashion goes out the window on camping trips. That's part of the fun. No pretense. You don't need a fancy back-pack, a garbage bag to hold your stuff will do. But a simple backpack to hold your stuff is better.

Bring a **bathing suit**. Weather permitting we will go swimming. Bring a **towel**. For swimming and showers.

Bring a **folding chair!** For the beach and sitting around the fire at night.

**Toiletries**, like a roll of toilet paper (the park should have it, but just in case) toothbrush and toothpaste, soap, comb and brush any “special needs” you might have. Hygiene is important. Wash your hands before handling food. Diarrhea on a camping trip definitely sucks.

Bring a **change of clothes** INCLUDING EXTRA **SOCKS**. Wet feet sucks.

Bring a hat. A **wool cap** is fine. Nothing worse than your cold head sticking out of your sleeping bag all night. Get creative. Stay warm.

What to bring is largely dependent on the weather.

## WEATHER

Check the weather report. Rain expected? Temperature range (especially at night). Windy? Check.

## RAIN

Bring some kind of **rain protection**. If you have a jacket that repels water that's great. Even a large trash bag is better than nothing. And it takes up no space, and it's light. You can make it into a poncho. Even a small tarp can be a poncho. (Camp fashion is low fashion). Many places sell cheap ponchos (Harbor Freight for \$3)

Bring a deck of cards or a game you can play with friends in your tent in case of rain.

I like Weather Underground for weather reports.

<https://www.wunderground.com/forecast/us/ny/wading-river/11792>

They show the day and night temperature range, wind, precipitation. The works, over several days. No point in checking too far in advance it won't be accurate. We are camping in the town of **Wading River, NY** so check there.

## FOOD

We supply meals. But you might want to bring some of your favorite **snacks**. Share with your friends. Trade. Fruits and nuts taste nice out in nature. Whatever you like.

We will supply plastic cutlery. But you may want to bring your own metal fork from home. But it's not necessary, just a convenience.

## WHAT YOU'LL LIKE (but don't NEED)

Your **pillow**. If you have room to bring it along your pillow from home will make sleeping in a strange place seem more familiar.

Your bed buddy. If you sleep with a stuffed animal or whatever, bring it if you can fit it. They'll make your tent into your home.

A sleeping **mat** or inflatable **mattress can** make sleeping on cold hard ground much nicer. Even a few layers of cardboard under your sleeping bag works. The homeless know how to camp.

## WHAT NOT TO BRING

No weapons or sharp tool. No axes, hatchets, knives, rifles, pistols, bows and arrows, nothing that can put an eye out. There are no murderers in the woods. No bears. No Sasquatch (that we know of). The park is safer than your street, you won't need them.

No recreational drugs or alcohol (naturally). They aren't allow in NY state parks.

**No flames.** We strongly suggest not smoking or using fire inside your tent. No flame lanterns (Coleman) or candles. People have suffocated from lack of oxygen and set themselves on fire in tents. Nylon tents go up in an instant. **No flames.** No smoking in your tent please. Stick your head out of your tent to smoke and look at nature, the stars and your friend's saggy tent. We will have a big campfire, join us!

No bad attitudes. No grumpiness, creepy vibes or worry.

And thanks for coming! We do this for your enjoyment.